



Republic of the Philippines
Department of Education
REGION IV-A CALABARZON
SCHOOLS DIVISION OF BATANGAS

9 June 2026

DIVISION MEMORANDUM

No. 277, s. 2026

**IMPLEMENTATION OF RETROSPECT BATANG BATANGUEÑO
FOR SY 2026–2027**

TO: Assistant Schools Division Superintendent
Chief – Curriculum Implementation Division (CID)
Chief – School Governance and Operations Division (SGOD)
Education Program Supervisors
Public Schools District Supervisors
School heads/Head Teachers/ Subgroup heads/coordinators
GMRC/ VALED Sub Office Coordinators
GMRC and Values Education teachers
All Others Concerned

1. Retrospect Batang Batangueño (RBB) has been implemented since School Year 2020–2021 as a values-based program that strengthens learners' moral, ethical, and social development. Anchored on the core values of truth, freedom, justice, and love, it supports the goals of Edukasyon sa Pagpapakatao (EsP), GMRC, and Values Education in line with RA 10533 and RA 11476.

2. The program promotes essential life skills such as understanding, reflecting, consulting, deciding, acting, and living out values. Through these, learners are guided to make responsible decisions and demonstrate ethical behavior in everyday life.

3. “Retrospect” encourages learners to reflect deeply on their experiences, helping them recognize their strengths, learn from mistakes, and grow as responsible individuals. As Batang Batangueños, learners are inspired by the province’s values of courage, integrity, and faith, making RBB not just a program, but a continuous journey of character formation.

4. RBB continues to support the MATATAG Curriculum’s whole-school approach by engaging schools, families, and communities in values formation. Weekly RBB challenges, aligned with monthly ethical themes, will remain part of learners’ academic performance to ensure that values education is meaningful and applied in real-life situations.

5. For School Year 2026–2027, RBB will continue to be guided by its core pillars:

- Reflect – developing self-awareness and moral understanding
- Build – strengthening character and responsible citizenship



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Become – shaping learners into ethical, future-ready individuals

6. The program also aligns with the Department of Education's focus on strengthening values formation, including key themes such as anti-bullying, respect, and responsible behavior, consistent with the Revitalized Values Education Program (DECS Memo No. 174, s. 1995).

7. To support well-being, a one-minute moment of silence shall be observed before the start of classes or at any appropriate time of the day. This practice promotes mindfulness, calmness, and reflection among learners and school personnel.

8. All stakeholders—including parents, local government units, and community partners—are encouraged to actively support RBB implementation. Schools may establish partnerships through a Memorandum of Agreement (MOA) to strengthen collaboration and shared responsibility.

9. All existing components of the RBB program shall continue, including:

- Use of reflection journals, observation tools, and digital platforms (e.g., ClassDojo)
- Use of EsPMATICapsule for monitoring learners' values development
- Monthly parent-teacher conferences focused on values formation
 - Every first Friday (Grades K–6)
 - Before card-giving (Grades 7–12)

10. Recognition of exemplary values and character will continue through the Dangal EsP Culminating Activity.

11. For information, guidance, and strict compliance.


MARITES A. IBAÑEZ, CESO V
Schools Division Superintendent *dmr*

Encl. As stated.

Reference: RA 10533 and RA 11476

To be indicated in the Perpetual Index under the following subject:

Issuances- Division Memorandum

MLJCB/ IMPLEMENTATION OF RETROSPECT BATANG BATANGUEÑO FOR SY 2026–2027/R2-152645/6/9/2026



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Attachment 1

MONTH	ETHICAL THEMES	CORE/RELATED VALUES
January	Self – Reliance	Trustworthiness, Independence, Industry, Resourcefulness, Creativity
February	Love	Service, Kindness, Friendliness, Selflessness, Brotherhood
March	Excellence	Productivity, Quality, Perseverance
April	Spirituality	Humility, Realization of Oneness with Other People and Beings, Purity, Sensitivity to Religious Values
May	Harmony	Beauty and Simplicity
June	Self-Discipline	Cleanliness, Orderliness, Fitness, Health, Ecological Harmony, Orderly Conduct of Self-Control
July	Integrity	Being True to Oneself, Truthfulness, Trustworthiness, Sincerity, Honesty
August	Courage	Assertiveness, Positive Attitude, Spiritual Strength
September	Respect	Care, Concern, Tolerance, Consideration
October	Responsibility	Commitment, Accountability, Reliability
November	Nationalism	Loyalty, Patriotism, Appreciation of Cultural Heritage, Pride in One's Country
December	Peace	Justice, Serenity, Fairness, Harmony, Prudence

Source: DECS Memorandum 174, s. 1995



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Narito ang pagsasalin sa Filipino ng nilalaman ng **DECS Memorandum 174, s. 1995**:

Buwan	Temang Etikal	Pangunahing/Ugnay na Halaga
Enero	Pagtitiwala sa sasarili	Pagkakatiwalaan, Kalayaan, Kasipagan, Pagkamalikhain
Pebrero	Pag-ibig	Paglilingkod, Kabutihan, Pagkakaibigan, Pagkakapatiran
Marso	Kahusayan	Kalidad, Pagpupunyagi
Abril	Espiritwalidad	Kababaang-loob, Pagkakaisa sa Kapwa at Kalikasan, Kalinisan, Pagkamaka-Diyos
Mayo	Pagkakaisa	Kagandahan at Kapayakan
Hunyo	Disiplinang Pansarili	Kalinisan, Kaayusan, Kalusugan, Maayos na Pag- uugali, Pagsunod sa Alituntunin
Hulyo	Integridad	Katapatan, Katotohanan
Agosto	Katapangan	Kakayahang Magsabi ng Totoo, Positibong Pananaw, Lakas ng Loob,
Setyembre	Paggalang	Pagmamalasakit, Pag-unawa, Pagpaparaya, Pagsasaalang-alang
Oktubre	Pananagutan	Paninindigan, Katapatan sa Tungkulin
Nobyembre	Nasyonalismo	Pagmamahal sa Bayan, Pagpapahalaga sa Pamanang Kultura, Pagmamalaki sa Bansa
Disyembre	Kapayapaan	Katarungan, Kapayapaan ng Isipan, Pagkakapantay-pantay, Pagkakaisa



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Attachment 2: Suggested One Minute of Silence Activities

Grades 1–3

Focus: Calmness, simple routines, emotional recognition

1. **Silent Prayer** – Learners may be guided to pray silently for themselves, family, or someone they love.
2. **Deep Breathing with Eyes Closed** – 3–4 slow breaths to calm the body.
3. **“Thank You” Thought Time** – Think of one thing or person they are thankful for that day.
4. **Heart Touch Exercise** – Place hands on chest and feel their heartbeat to reconnect with their body.
5. **Smile in Silence** – Smile quietly and think of a happy memory to promote positive thinking.

Grades 4–6

Focus: Self-regulation, gratitude, empathy

1. **Silent Prayer** – For personal growth, classmates, or school.
2. **Gratitude Reflection** – Mentally list 3 things they are thankful for.
3. **Kindness Visualization** – Imagine themselves doing one act of kindness.
4. **Nature Focus** – Look outside or imagine a calming natural setting (tree, sky, sea).
5. **Emotion Check-in** – Internally ask: “How am I feeling today?” without judgment.

Grades 7–10

Focus: Self-awareness, stress management, inner values

1. **Silent Prayer** – For clarity, strength, and peace of mind.
2. **Mindful Breathing** – Count to 4 while breathing in and 4 while breathing out.
3. **“Reset Thought” Practice** – Mentally let go of worries from earlier and start fresh.
4. **Personal Value Recall** – Think of a value they want to live by that day (e.g., honesty, respect).
5. **Peaceful Memory Recall** – Recall a moment they felt peaceful and safe.



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Grades 11–12 (Senior High)

Focus: Purpose, inner dialogue, emotional grounding

1. **Silent Prayer** – For guidance, wisdom, and inner peace.
2. **Intention Setting** – Mentally commit to one positive action or attitude for the day.
3. **Stress Release Visualization** – Imagine releasing stress like air from a balloon.
4. **Reflective Question** – Ask oneself: “What matters most to me today?”
5. **Silent Affirmation** – Repeat silently: “I am capable,” “I choose peace,” or a self-affirming phrase.



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Attachment 3

The Retrospect Batang Batangueño Universal Prayer

(To be recited one minute before each class and at any time of the day)

"God of all wisdom, love, and compassion,
We begin this moment with gratitude—for the gift of life, for the strength to learn,
and for the people who walk with us each day.
We pause in silence to calm our minds and rest our hearts.
In moments of stress or worry, grant us peace. In times of doubt, give us courage.
Help us to face each day with patience, balance, and resilience.
Teach us to learn with open hearts, to act with kindness,
To listen with empathy and to care for ourselves and for one another.
Guide our thoughts, words, and actions as students, teachers, and members of this
community.
May this moment renew our strength, restore our hope, and remind us we are
never alone—
As one family, one community, and one praying division.
Amen."

Leader: Lord, make us instruments of truth, love, and healing—

All: United as one praying Division, Batangueño in heart, Filipino in spirit.



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